

ANCCI UNIVERSITY

TH 301: INTRODUCTION TO PSYCHOLOGY

Instructor: Elias John Kombo

RATIONALE

The course introduces you to the field of psychology as it relates to human behavior, from the Christian point of view. A cross examination of the Sermon on the Mountain (in Matthew chapters 5-7), portray clearly that Jesus both understood and applied the principles of Psychology. The text book in reference will help you apply and enjoy unraveling these principles to your everyday experiences. This will enrich your Christian life tremendously.

OBJECTIVES

- To have the basic fundamental principles of human behavior as they relate to your daily life experiences.
- To have foundational sediment of principles upon which to build advanced courses in various disciplines of Psychology, such as Counseling Psychology, and Educational Psychology.
- To appreciate the way Jesus taught and how he related to man in real life experiences.
- To be cautioned of your own feelings, sensations, perceptions, and ways of behaving.
- To develop and understand other people by observation, introspection, inquiry, and the study of human experience and behavior, both in self and others.

STRATEGY

COURSE OUTLINE- PSYCHOLOGY

Textbook - "Introduction To Psychology"

Page

UNIT ONE :

A SYSTEMATIC STUDY OF HUMAN BEHAVIOR

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|-----------------------------|--------|
| 1. What is Psychology ? | 1-14a |
| 2. Experiment in Psychology | 14b-19 |

UNIT TWO:

RECEIVING AND USING INFORMATION

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| 3. Sensory Perception in Human Behavior | 21-33a |
| 4. Organization of the Perceived in Our Behavior | 33b-47 |
| 5. Needs as Motivation for Behavior | 50-62a |

6. Emotions as Motivation for Behavior 62b-74

UNIT THREE:
ADAPTING TO OUR WORLD

7. Behavior is Learned 76-79a
8. Stimulus and Response In Behavior 79c-112a
9. Behavior is Adjusting to Our Environment 112b-122

UNIT FOUR:
HUMAN POTENTIAL

10. Interaction Essential to Behavior 125-146b
11. Attitudes Affect Behavior 146c-162
12. Personality Affects Behavior 164-186b
13. Environment and Heredity in Behavior 186c-200

UNIT FIVE:
APPLICATION OF PSYCHOLOGICAL PRINCIPLES

14. Interaction in Behavior Man-World-God 202-208b
15. Behavioral Psychology Special Areas 208c-225

EVALUATION

Write a 10-15 (undergraduate) 20-25 graduate 1.5 spaced paper, using the objectives stated in this course, discuss the Psychology of human behavior, showing receipt and usage of information. Describe how we relate to our World, in terms of Interaction, Attitudes, Personality, Heredity and Environment; showing how we can apply the principles of Psychology to our benefit. ANS system of grading will be employed

A written exam paper will be availed where ANS considers it necessary, in addition to the paper above. After every Unit of study the student will do a CAT (Course Assessment Test) to determine the progress of the student. This will also contribute to the final mark.

Textbook: *Psychology A Brief Introduction*- Michael Wertheimer-University of Colorado.
Mats Bjorkman - University of Umea.
Ingvar Lundberg - University of Umea.
David Magnusson - University of Stockholm.
Scott Foresman & Co., Glenview, Illinois

The Holy Bible