

ANCCI UNIVERSITY

PT 302 “THEORIES OF PERSONALITY”

Instructor: Peter Mwiti, Ph.D.

Blackboard Discussion: Being Developed

Class meeting online: 9:00pm-4:00pm-on Tuesday and Thursday

Office Hours: 8:00pm-9:00pm- Via phone @ Home (909)483-3528

Contact: Cell (909) 967-8142

E-mail: Mwiti@charter.net

RATIONALE

This course will help the student answer questions such as:- What do all human beings have in common? What accounts for individual differences among peoples? How are the body, mind and spirit related? How much of what is called personality is inherited and how much results from human experience? How much of human behavior is determined and how much of it is a function of free will?

OBJECTIVES

1. To develop a greater expression of one’s own viewpoint of personality in relation to faith and the understanding of psychological perspectives by the utilization of both oral presentations and by written assignments.
2. To understand the uniqueness of each theoretical framework while evaluating the moral and ethical assumptions of each school of thought in relation to personality development.
3. To gain awareness and appreciation for the value of personality development while acknowledging the integrity and limitations of each theoretical perspective.
4. To develop a greater expression of one’s own viewpoint of personality in relation to faith and the understanding of psychological perspectives by the utilization of both oral presentations and by written assignments.
5. To understand the uniqueness of each theoretical framework while evaluating the moral and ethical assumptions of each school of thought in relation to personality development.
6. To gain awareness and appreciation for the value of personality development **while acknowledging the integrity and limitations of each theoretical perspective.**

STRATEGY

This course is designed to survey various theories of personality emphasizing structure, dynamics and development of basic attitudes that influence human behavior as we learn how to actively integrate our faith with learning and culture. The course examines various personality theorists, their assumptions and implications of their theoretical framework as they address the six fundamental issues to human nature namely: free will versus determinism, nature versus nurture, childhood experiences, uniqueness versus universality, and optimism versus pessimism. The course explores the richness of psychology by surveying major theories of personality within the context of psychological paradigms.

The Goal

The goals of the personality theory are to describe what humans are like and to explain why they are like that. This involves describing and explaining the complexities of human nature, their similarities and individual differences. As we shall discover in this course, no single theory has been completely successful in describing human nature and individual differences. Perhaps the best way of understanding personality is provided by the composite study of many theories of personality, as we shall be doing in this course, other than studying one single theory or paradigm.

Recommended Book

Text Book: Duane P. Schultz and Sydney Ellen Schultz 2005. Theories of Personality, Eight Edition.

Thomson Wadsworth

Course outline

There are assigned readings for each week. It is essential that each student read the assigned material prior each blackboard discussions. You will be expected to have completed all the assigned readings prior the dates stipulated below in order to effectively engage in blackboard discussions in a productive manner.

Week One- 2009. Introduction to the Course

What is Personality?

Ch 1.p.3-41

An overview of various Approaches to the theories of personality

Week Two-2009. Psychoanalytic and Neopsychoanalytic paradigms.

Ch.2-3.p.43-122

- Sigmund Freud
- Carl Jung

Week three-2009 Lifespan paradigm.

Ch. 8. P217-248

- Erik Erikson

Week Four-2009. Behavior and Learning Paradigm
P377-432

Ch.14 &15

- B.F. Skinner
- Albert Bandura

Week Five-2009. Existential and Humanistic paradigm

Ch. 11&12 P.305-351

- Carl Rogers
- Abram Maslow

Week Six-2009. Cognitive paradigm

Ch. P.353-376

- Gorge Kelly
- Aaron Beck

Week Seven-2009 Eastern paradigms

Note will be emailed

Week Eight-2009. Term Paper due

EVALUATION

All written assignments must conform to APA style and standards and must include as a minimum:

1. Title page
2. Abstract
3. Short title (on every page)
4. Running head (on title page only)
5. Citations of sources (within the text)
6. Reference page
7. Word count (in pencil on title page)

Papers not conforming will be reduced in grade and/or returned.

All papers must be typed. All papers must be written in APA style and standards.

Course Requirements:

The student's progress toward the stated objectives will be determined using the following methods of evaluations:

Preparation:

Reading of the assigned material prior to class is essential for this class.

Class Participation:

Online participation will be taken in to account in the assessment towards your final grade.

Weekly and Course Assessment:

There will be weekly assessment. We will have a quiz each week and it will be based on the assigned readings of the previous week. Each week the quiz will be posted on your email address with specific instructions. You will be expected to take the quiz within the timeframe required. There is no final exam at the end of the course only one term a paper.

Class Attendance:

The All Nations Anglican Seminary has established an Attendance Policy, which will govern this course. If you know you are going to be late or absent from online class meeting beyond your control, let the professor know by calling him at (909) 697-8142 or emailing him a day before at Mwiti@charter.net Note that online class attendance on those two designated days will be considered towards your final grade.

Student Assistance:

I will be available every day via phone to assist students: - respond to student concerns and answer students questions. You can reach me at home in the evenings @ 909-483-3528

Paper presentations:

You will be required to submit one term paper. The requirements are stipulated below.

Term Paper

Choose any theorist from any of the following personality theorists who interest you and write 10 pages paper on that theorist of your choice. Erich Fromm, Karen Horney, Henry Murry, Alfred Adler, Gordon Allport, Hans Eysenck, Raymond Cattell, Use the required text and go beyond. Your critical thinking and personal reflection on the subject matter will be significant. (10 pages double spaced) In your paper indicate which school of thought or paradigm the theorist of your choice belongs. This paper will be due at the end of the course.

Grading Chart

This course will follow the following grading scale

Paper	= 60 Points
Participation	=10 Points
Attendance	= 10 Points
<u>Quizzes</u>	<u>= 20 Points</u>
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	100 Points

100-95 = A	74-70 = C+
94-90 = A-	69-65 = C
89-85 =B+	64-60 = C-
84-80 = B	59-55 = D
79-75 = B-	54-00 = F

Recommended Readings

- Engler, Barbara. 2003. *Personality Theories: An Introduction, Sixth Edition*. Houghton and Mifflin.
- Hergenhahn B.R & Olson Matthew (2003) *-An Introduction to theories of personality 6th edition*.
- Adler, A (1930) Individual Psychology
- Allport, G.W (1937) Personality: Psychological interpretation
- Cartell, R.B (1950) Personality: A systematic theoretical and factual study
- (1965) Scientific analysis of personality.
- Erikson, E.H (1959) Identity and the life cycle
- (1985) Childhood in the society
- Freud, S. (1966) The Ego and the mechanism of defense
- (1955) Beyond pleasure principle
- (1961) The Ego and the Id
- Horney, K. (1937) The neurotic personality of our time
- (1939) Ways of psychoanalysis
- Jung, C.G (1933) Modern man in search for meaning
- (1969) The structure of the Psyche
- Mwiti, P. (1994) Cosmocentric model of Pastoral Psychotherapy
- Maslow, H. (1968) Towards psychology of Being
- Rogers, C.R (1959) Atheory of therapy, personality, and interpersonal-
- (1961) On Becoming a Person
- Skinner, B.F (1974) About Behaviorism

