

# PT 313 PASTORAL PSYCHOLOGY

## Instructor

Prof John G Githiga

## RATIONALE

- Psychology is so important for a pastor since it is the study of people's behavior, performance, and mental operations.
- It equips the pastor in dealing with humans as individuals.
- Psychology enables the pastor to distinguish mental patients from demon possessed.
- The subject lies at the intersection of applied, educational and theoretical science.

## OBJECTIVES

- To give students psychological insights for dealing with individual Christians.
- Give them additional skills for pastoral counselling.

## STRATEGY

We will cover the following topics:

1. Wilderness experiences
2. Pain
3. Lostness
4. Sexuality
5. Personality types (Division of labor)
6. Understanding the adolescents
7. The antistructure
8. The structure
9. The Tree of God
10. The Great Mother
11. The Great Father

## TEXT BOOK

Dr John G Githiga. *Initiation and Pastoral Psychology: Toward African Personality Theory*

Available in amazon.com

## EVALUATION

Write a 10-12(undergraduate) 12-20(graduate) 1.5 spaced term paper on one of following topics:

1. Pastoral counselling and sexuality,
2. Counseling to those going through the wilderness,
3. counseling and the structure and the antistructure,
4. pastoral counseling and the three great archetypes of the Psyche-Tree of God, the Great Mother and the Great Father