

ANCCI UNIVERSITY

Amarillo, Texas

PT 105 CRISIS COUNSELING

RATIONALE

At the successful conclusion of the course, students will:

- Be familiar with several theoretical approaches to crisis intervention.
- Be familiar with various types of abuse and trauma.
- Be able to assess crisis situations for specific risks, including suicide, homicide, abuse and neglect.
- Be able to demonstrate appropriate skills in counseling crisis and trauma survivors.
- Be able to integrate and employ spiritual disciplines/practices into their own personal and spiritual journey to prevent compassion fatigue.

OBJECTIVE

- Read the TEXT BOOKS. Follow the required schedule as stated below.
- Compile a reference file for assigned abnormal psychological diagnoses.
- Research and write a 15 page paper on an assigned abnormal psychological diagnosis. Up to (10) pages of the paper should be about the psychotherapeutic treatment of the disorder. Use of marriage and/or family therapy treatment is an expected inclusion in the treatment section of the paper. Do not include information about biological based treatments.

STRATEGY

Introduction

1. Unit 1- (Kanel) - Chapters 1,2
2. Unit 2 - (Kanel) - Chapters 3,4,5
3. Unit 3 - (Kanel) - Chapters 6,7,8
4. Unit 4 - (Kanel) - Chapters 9,10, 11
5. Unit 5- (Kanel) - Chapter 12
6. Put it all together - Papers due
7. Final Class - Presentations/Evaluations

TEXT BOOK:

Kanel, K. (2007). *A Guide to Crisis Intervention* - Third Edition , California:
Brooks/Cole, CENGAGE Learning, 265 pp

RECOMMENDED

Everstine, D. S., Everstine, Louis (2006). 2nd Edition , *Strategic Interventions for People in Crisis, Trauma and Disaster*; UK: Routledge, 328 pp

Kolski, T., Avrietta, M., Jongsma, A. (2001), 1st Edition, *The Crisis Counseling and Traumatic Events Treatment Planner*, New Jersey: J. Wiley & Sons., 258 pp

EVALUATION