

ANCCI UNIVERSITY  
PT 305 Pastoral Care to Mentally Ill And their families

**Rationale**

The course of great importance since Jesus spent ample time ministering to the mental patients and demon possessed. Furthermore, in most congregations there are people who are suffering from depression or mental sickness. Regrettably, Christians are better at taking care of someone with broken leg than a person with broken heart. This course tries to bring hope to the hurting families and enlightenment to neglectful churches.

**Objective:** We will study what the Scriptures teach about the causes for depression. This topic will teach students in making sermons or lectures to prevent severe depression from starting and to give counsel for suicide prevention. The deeper objective would be for students to feel confident in using emotional problems as a way to giving the message of saving faith to any unsaved person who also has depression.

Regarding mental illness we will try to understand the medical origin of schizophrenia, the difference between psychiatric problems and demon possession, and learn how to minister to families who have a person with schizophrenia.

**STRATEGY**

Students will read Strength For His People and Depression Recovery and attend two lectures. The first will be on depression, the second will be on families of the mentally ill (specifically schizophrenia). Written class notes will also be used for lecture outlines.

**EVALUATIONS**

Grading the course will involve a 20-question examination. Students who read the material and attend the lectures should be able to pass this examination.

**Texts:**

Dr. Steve Waterhouse. Strength for His People. Westcliff Press. Amarillo, Texas, USA  
Steve Waterhouse. Depression Recovery. Westcliff Press. Amarillo, Texas, USA.