

## PT 501 Christian Counseling

### Rationale

This course is about Psychology, Theology and Spirituality in Christian Counseling. The course seeks to explore the interdisciplinary integration and practical implications of responsible psychology, Christian theology, and Christian spiritual growth in everyday counseling interactions.

### Objective

- to help the student achieve fundamental aspects of Christian counseling and how it integrates with practical psychology and theology.
- will discover that both psychology and theology are learned disciplines and are important in the area of applying those disciplines in Christian counseling.
- will walk away with a better appreciation for the role of a Christian counselor in the fields of pastoral ministry, Christian counseling ministry, and even with a student or one who practices in the field of psychology.
- how God's word is unchanging and the areas of man's condition can be touched with the biblical values of and application of the Bible being integrated with Christian counseling.
- how to apply and cultivate Christian ministry with the better understanding of the role of psychology, theology and practical implementation for counseling to those in need of such ministry.

### Strategy

-student is expected to read text book on this subject in it's entirety. The text book is Mark R McMinn, Ph.D. *Psychology, Theology, and Spirituality in Christian Counseling*\*This text book can be ordered through Amazon.com at reasonable prices with both new and used books being sold.

### Evaluation

-in the text books chapters on Religion in the Counseling Office, Prayer, Scripture, Sin, Confession, Forgiveness, and Redemption to make a brief outline of those specific chapters. write a brief paper of 15-20 pages summarizing the text book. Using the outlines from above should facilitate and assist in writing of research paper.

\*Any questions regarding the course should be directed to Dr. Rick Benton by way of email. The email address is: drrickbenton@gmail.com.

